

Slaying Strongholds

2025

Camp Refuge Teen Camp

June 16-20, 2025

at

StoneRidge Baptist Camp
Smithville, AR

Camp Verse - 2 Corinthians 10:4

Camp Speaker - Reagan Lee

Camp Music - Preston Jones

PARENTS

This packet is all the information you need for camp:

- All campers will be expected to follow the attached rules & dress code.
- All campers **MUST** have a camper information and release form filled out and signed by the parent or guardian before camp.
- The cost per camper is \$135 for 1st grade and older, \$62.50 for children age 3 to entering kindergarten and no charge for age 2 and younger
- The camp's address and phone number is:

*StoneRidge Baptist Camp
105 Lawrence 155
Smithville, AR 72466-8586
(870) 528-3525*

CAMP RULES

1. ALL campers must obey ALL counselors and the rules listed below.
2. Counselors **MUST** be 21 years of age. Campers must be 9 years old to attend without a parent or guardian attending with them. 1 adult male for every 10 boys. 1 adult female for every 10 girls.
3. Parents or guardians must sign camper information and release form.
4. In the case of an accident, illness, or emergency, campers are required to report to the camp nurse.
5. No one shall go beyond camp boundaries without permission from the camp director.
6. Each person is expected to help keep their cabin and the campground clean.
7. Each camper must attend all classes, meals, and recreational activities unless excused by the camp director.
8. Complete Reverence (Respect) is expected at every worship service.
9. ALL campers must be in bed and quiet after the lights are turned out. (Counseling will be permitted in the tabernacle after "lights out" if deemed necessary by the camp director.)
10. Use of cell phones will be limited to FREE TIME ONLY. PLEASE DO NOT BRING CELL PHONES TO THE WORSHIP SERVICES.

URGENT HEALTH ISSUES

Dear Counselors and Parents:

StoneRidge Camp focuses on helping each camper know and grow in Jesus Christ. While our focus is spiritual when there are several hundred campers at StoneRidge we must also deal with physical problems as well and we need your help to deal with one issue in particular: lice.

While we do want our kids itching to come to camp, we don't want them itching when they get to camp. In past years, we have had a few campers come to StoneRidge Camp with cases of head lice. While those campers were required to leave camp as soon as this condition was known, it only takes one instance of contact to spread lice to someone else. Therefore, we need your help to keep any cases of lice from arriving at camp in the first place. Please help us by inspecting or having someone inspect each of your campers for lice BEFORE they come to camp. While this might be a little awkward to do so, it will be much less awkward than having to bring them home before camp ends. Thank you for helping us with this issue so that our Church Camp will be a great experience for everyone.

DRESS CODE

At camp, we're all about respect and letting everyone be themselves, while still keeping things modest when it comes to what we wear. These guidelines are here to help make sure everyone feels comfortable and included. We ask that campers dress modestly at all times—here's what that looks like:"

- Students and adults are not allowed to wear clothing that shows their stomach, tank tops, see-through shirts, sleeveless or spaghetti strap sundresses.
 - Shirts should be long enough to cover your stomach completely, even when you're sitting or being active.
 - All shirts must have sleeves, i.e., no tank tops.
 - Low-cut tops that expose cleavage are not allowed.
 - Shorts are permitted to the fingertip length.
 - Jeans, pants, and leggings are permitted for all campers as long as they are modest and worn comfortably at the waist.
 - Clothing with excessive rips or rips in inappropriate places is not acceptable.
 - No clothing of any type bearing offensive language, or images, whether implied or directly stated, will be worn.
 - Clothes with secular themes such as alcoholic beverages, music, tobacco, etc, will not be worn.
 - No writing on the buttocks of clothing.
- Evening Services**
- Dress shorts are permitted as well as dresses (at the knee) for the evening services.

SWIMWEAR

- No bikini swimsuits are allowed. Tankini suits are permissible.
- A T-shirt or swim cover-up is required for both boys and girls
- **Females:** The cover-up needs to totally cover the swimsuit and not be see thru or fish net.
- Towels wrapped around the body DOES NOT count as a cover-up.
- Separate swim times will be observed for boys and girls.
- Boys are not to congregate around the pool area while the girls are swimming.
- Girls are not to congregate around the pool area while the boys are swimming.

**2025 Camper/Counselor
INFORMATION & RELEASE FORM**

**THIS FORM MUST ACCOMPANY ANY
PERSON ATTENDING CAMP**

Please Print Information

Camper's Name: _____
Last First

Date of Birth: _____ **Age at camp** _____ **Male** _____ **Female** _____

Camper's cell phone: (if on camp grounds) _____

Custodial Parent/Guardian _____

Home Address _____
street address City State Zip

Phone Number: _____

IF NOT AVAILABLE IN EMERGENCY:

Emergency Contact: _____ **Phone Number:** _____

Relationship to camper: _____

Address _____
street address City State Zip

INSURANCE INFORMATION:

Is the Camper/ Sponsor covered by family medical/hospital Insurance? YES NO

If so, carrier or plan name: _____

Policy Holder: _____ **Policy Number** _____

Physician's name: _____ **Phone Number** _____

Significant Health Problems

Diabetes Y N **Med:** _____ **Headaches** Y N **Med:** _____

Seizures Y N **Med:** _____ **Heart Condition** Y N **Med:** _____

Medications – List name, dose, administration times:

Please circle the medications that you approve for your child to receive on an as-needed basis.

Acetaminophen (Tylenol)

Ibuprofen

Chewable Antacid

Asthma Information

Does your child have a history of asthma? YES NO

If yes, does your child have an inhaler? YES NO

If your child uses an inhaler, please send it with your child. Make sure the inhaler is labeled with your child's name and prescription information.

Allergy Information: Is your child allergic to:

Medical Allergies? YES NO

Food allergies or Special Diet? YES NO

Other allergies (Stinging insects, latex, etc)? YES NO

Does your child have an Epi-Pen? YES NO

If so please send an Epi-Pen with your child's name and prescription information attached.

IMPORTANT—These boxes MUST be completed to attend camp!!

Parent/Guardian Authorization: This health history is correct and complete as far as I know. The camper described has permission to engage in all camp activities except as noted.

I hereby give permission to the camp to provide routine health care, administer prescribed medications, and seek emergency medical treatment, including ordering X-rays or routine tests. I agree to the release of any records necessary for treatment, referral, and billing for insurance purposes. I give permission to the camp to arrange necessary related transportation for me/my child.

In the event I cannot be reached in an emergency, I hereby permit the camp medical staff, camp administrators, and physicians selected by the camp to secure and administer treatment, including hospitalization, for the person named above.

I hereby release the camp and staff from any and all liability for any actions taken by them pursuant to the authorization.

Signature of Parent/Guardian or Adult
Camper/Staff

I also understand and agree to abide by any restrictions placed on my participation in camp activities

Signature of camper _____

Date _____

Media Release

I give my consent to Jonesboro Association/Stoneridge to take photographs and/or videos of me during camp. I understand these photos/videos may be used for promotional, educational, or information purposes by Jonesboro Association/Stoneridge.

I agree that Jonesboro Association/Stoneridge may use these photos/videos in a variety of formats, including print, electronic, and online media, and they may be used with or without accompanying text.

I represent that I am at least 18 years of age or that I am the parent or legal guardian of the minor named below and have read and understood this consent form and am authorized to sign it on behalf of the minor.

Participant/camper name: (print)

Participant Signature (or parent or guardian if camper is under 18)

*Date*_____

Teen Camp Schedule 2025 (schedule is subject to change if needed)

MONDAY

Time	Activity
1:30 PM	Registration / Camp Opens
3:30 PM	ALL Sponsors/Adults meet in the Tabernacle
4:30 PM	All campers meet for orientation in Tabernacle
5:30-6:30 PM	Supper
6:30 PM	Church Prayer Time
6:45 PM	Tabernacle Opens
7:00 PM	Evening Service
Immediately following service	Church Group Reflective Time
9:00 PM	Canteen Time / Free Time
10:00 PM	Late Night!!
11:00 PM	Head to Cabin (Cabin Devotional)
11:30 PM	Lights Out

TUESDAY - THURSDAY

Time	Activity
8:00-8:30 AM	Breakfast (Breakfast Not Required)
9:15 AM	Must Be Up! (Those Who Sleep In)
9:45 AM	Meet In Tabernacle (Tuesday Only)
10:00 AM	Class Session
10:45 AM	Class Session Break Time/Canteen time
12:00-1:00 PM	Lunch
1:15-2:30 PM	Game Time!
2:45 - 3:30 pm	Girls Swim / Free Time
3:45 - 4:30 pm	Boys Swim / Free Time
5:00-5:30 PM	Tabernacle Games
5:30-6:30 PM	Supper
6:30 PM	Church Prayer Time
6:45 PM	Tabernacle Opens
7:00 PM	Evening Service
Immediately following service	Church Group Reflective Time
9:00 PM	Canteen Time / Free Time
10:00 PM	Late Night!!
11: 00 pm	Head to Cabin (Cabin Devotional)
11:30 pm	Lights Out

ON WEDENSDAY NIGHT ONLY--Church reflective time and canteen time will switch

FRIDAY

Time	Activity
8:00-8:30	Breakfast (required)
9:30 am	Clean-Up & Pack Up Cabins
10:30 AM	Final Service
After Worship	Double Check Cabins / Load up and Head home

Be Sure To Pack the Following:

Camp will be five days and four nights, with a church service style worship service each night. Arkansas weather at the end of June is hot, the terrain at camp is hilly and rocky, and we encourage the kids to stay out of the cabins as much as possible; please consider this when packing.

Clothing

- ☐ Sleepwear/Pajamas
 - ☐ Underwear and Socks for a Week
 - ☐ Short Sleeve Shirts for the week (no sleeveless shirts)
 - ☐ Shorts for the week
 - ☐ Clothes for the evening worship service. **We encourage the kids to dress nicer for the evening worship service than the rest of the week. Jeans or slacks with a polo or button-up shirt for the boys, and a dress or something comparable to the boys for the girls.**
 - ☐ One lightweight long-sleeved shirt or sweatshirt
 - ☐ Swimsuit **(One piece, with a Tshirt cover-up for walking to and from the pool. Boys will need a shirt for walking to and from the pool.)**
 - ☐ Shoes (more than one pair is recommended since games may involve water)
- ☐ Bedding – Sleeping Bag or twin-sized sheets and blanket, Pillow and Pillowcase
 - ☐ Laundry Bag for Dirty Clothes
 - ☐ Sunscreen
 - ☐ Any Medications **MUST** be turned in to the adults from your church who are going to camp

Optional Items

- ☐ Insect Repellent (the main areas are sprayed for ticks and chiggers, but you may be susceptible to these if you wander into the woods or out of the main program areas.)
- ☐ Flashlight w/extra Batteries
- ☐ Sandals or Flip flops for walking to the pool
- ☐ Raincoat/Poncho
- ☐ Hat & Sunglasses
- ☐ Camera
- ☐ Water Bottle
- ☐ Snacks and/or money for concessions (the camp has a concession stand where candy, chips, ice cream, and drinks can be purchased. Most things are \$1)
- ☐ Baseball bats, gloves, and balls; Frisbees, other recreational game equipment.

Toiletries

- ☐ Toothbrush and Toothpaste
- ☐ Shampoo and Conditioner
- ☐ Soap in a container
- ☐ Toiletries Bag (the showers are located inside each cabin so they don't have to be carried far)
- ☐ Bath Towel & Washcloth
- ☐ Beach Towel for the pool

Other Items

- ☐ Bible
- ☐ Notepad and pen

Things to Leave AT Home

- ☐ Electronic Items, Video games, iPods, MP3 or CD players
- ☐ Weapons, Knives, etc.
- ☐ Anything which would result in tremendous unhappiness if it were lost, broken, or dirty
- ☐ Water guns & shaving cream

Helpful Packing Tips

Pack with your child

Packing with your child is a great way to build excitement about camp and also a great way to talk through any worries or anxieties your child may have about their time away at camp. In addition, it gives you the opportunity to make sure that they pack everything they need to bring, and leave home the stuff that should stay at home. It also helps the child to know where in their bag or suitcase all of their items are located.

Send a checklist for your child to help them on Friday morning

You can use the same checklist that you used when you packed. Pack the checklist in your child's luggage and instruct them to use it when they pack up to come home. This will help your child leave with everything they came with.

What to pack your stuff in

Pack your stuff in something that you can carry a short distance from the Parking Area to the cabins. A duffel bag or suitcase is fine. Pillows, bedding, and sleeping bags do great in large plastic trash bags (make sure you put a label on the trash bag so that we know who it belongs to).

Label everything you can

Put your child's first and last name on everything you can with a permanent marker. Be sure to label your child's luggage. If your child loses something (and they usually do) it will turn up in Lost and Found. Having a name on the items makes it much simpler to return them to your child. Every year at camp many towels and items of clothing get left behind at camp. A name on these items can help make sure everything makes it home.

Pack appropriate attire for camp

Pack clothing that is comfortable in hot Arkansas weather, suitable for outdoor games, and can get wet and/or dirty without being ruined. Please pack nicer clothes for the evening worship service. Campers should not pack clothing that promotes alcohol, tobacco, drug use, sexual behavior, or contains inappropriate language. As a Christian camp, we expect a high standard of conduct and dress. Please, no spaghetti straps, bare midriffs, or improper slogans. Shorts should be modest (not too tight, too high, or too low), and bathing suits should be one-piece and modest. We reserve the right to ask campers to change improper clothing.

About Swimsuits

We require that female staff and campers wear modest one-piece suits while at camp (modest tankinis are acceptable), and that male campers wear swim trunks or board shorts.

Medications

All medications (prescription, non-prescription, and over-the-counter) remain with and are dispensed by the adult counselors who will accompany your kids. Please coordinate with them before camp.